



香港大學社會工作及社會行政學系
Department of Social Work
and Social Administration
The University of Hong Kong



香港大學秀圃老年研究中心
Sau Po Centre on Ageing
The University of Hong Kong



The HKU Non-pharmacological Interventions Initiative for Dementia

Workshop on Tailored Activity Program (TAP)

August 11, 2018 (Saturday) | 9:30am – 12:30pm

Function Room, 11/F, The Jockey Club Tower, Centennial Campus, HKU

The HKU Non-pharmacological Interventions Initiative (HKU Non-pharm) aims at introducing and testing evidence-informed non-pharmacological interventions to promote better living of people with health and mental health problems and their family members.

The Tailored Activity Program (TAP) is a structured home-based nonpharmacological intervention to reduce behavioral and psychological symptoms of dementia (BPSD), lower caregiving burden, and improve quality of life of people with dementia and their caregivers. The interventionists identify interests and capabilities of individuals with dementia, develops activities tailored to individual profiles, and train family caregivers in using activities as part of their daily care routines, including how to set up the environment, introduce and supervise activities, and communicate and cue effectively. TAP was shown to reduce BPSD, increase activity engagement of people with dementia, enhance caregivers' sense of confidence using activities in daily routines, and reduce the time required in daily oversight or vigilance.

After this workshop, participants will understand the background, principles and design of TAP and hear about local pilot application. The speakers will facilitate discussion on local adaptations and implementation strategies for promoting TAP in Hong Kong.

Targeted participant:

Health and social care professionals (e.g. social workers, OTs, PTs, and nurses) working with people with dementia and their families in community settings (e.g. NEC, DECC, adult daycare center, etc.).

Speakers of the Workshop



Professor Laura N. Gitlin
Distinguished University Professor
Dean, College of Nursing and Health Professions
Drexel University



Professor Catherine V. Piersol
Professor and Chair
Department of Occupational Therapy;
Director, Jefferson Elder Care
Jefferson (Philadelphia University +
Thomas Jefferson University)

Limited Seats. Registration Required.



For registration, please visit
<https://goo.gl/UGe5nh>

Free of charge

For enquiries, please contact Mr Jacky Choy at 3917 0079 or by email at cpchoy@hku.hk