THE UNIVERSITY OF HONG KONG
FACULTY OF SOCIAL SCIENCES

Centre Annual Report

Name of Centre / Institute: Sau Po Centre on Ageing
Period (July 1st to June 30th): July 1, 2014 to June 30, 2015

I. Mission

The Sau Po Centre on Ageing aims to become a leading centre on gerontological research and education in the region and is committed to enhancing the well-being of older people through its research, education and knowledge exchange activities.

II. Strategy (and its alignments with the Faculty strategy and Centre mission)

To pursue excellence and innovation in research, education and knowledge exchange, the Centre strives:
(i) to rebuild the University’s capacity in the study of dementia and become the local and regional leader;
(ii) to foster knowledge building through studies of long-term care, productive and healthy ageing, ageing-in-place, spiritual enhancement, and family caregiving etc;
(iii) to develop elderly studies in relation to technology in collaboration with professional bodies; and
(iv) to organize one international symposium or conference annually; and several research seminars and training programmes throughout the year.

III. Director’s Reflection (1/2 page)

a. Performance in the last academic year

Sustainable Research Capacity
The Centre has undertaken 13 new projects with funding worth $3.6M over the reporting period, including:-
• external grants: 1 from General Research Fund (study on productive ageing, $0.5M); 1 from Collaborative Research Fund (dementia interventions project; $0.1M); and 1 from Public Policy Research Funding Scheme (study on family caregiving and long-term care decision of demented people; $0.33M).
• internal grants: 5 research grants under the HKU Seed Funding Programmes (total $0.33M); and 3 knowledge exchange impact projects funded by the KE Funding Exercise 2014/15 (total $0.24M).
• contracted projects: Studies funded by private and public sectors, to name a few:
  - an evaluation study on pilot scheme on living allowance for carers of the elderly persons from low income families (Social Work Department; $1.43M)
  - a longitudinal study on ageing-in-place scheme at rental estates: baseline health and wellbeing status and 2-year outcome (Hong Kong Housing Society; $0.25M)
  - a study to evaluate the effectiveness of the recovery program for stroke patients (Neighbourhood Advice-Action Council; $0.19M)

Currently the team is conducting around 20 active projects.
**New Office Space at Centennial Campus**
The Centre is grateful for the space allocation from the Faculty at Room 704, The Jockey Club Tower for the initial period of two years from April 1, 2015. The shared room currently accommodates 12 colleagues of our public policy project team.

**Expansion of Staff Strength**
The new office space significantly supports continuing growth of the team. Currently the Centre hires:
- 2 Research Assistant Professors;
- 2 Post-doctoral Fellows;
- 1 Assistant Research Officer;
- 3 Senior Research Assistants; and
- 15 Research Assistants.

The research team is supported by several part-time student research assistants and the administration team of 4 members.

**Study of Long-term Care System**
The 3-year study funded by the Lotteries Fund has entered into its 2\textsuperscript{nd} year and has been in full swing. The team has accomplished the following key tasks:
- Review, translation and update of the interRAI assessment instruments.
- Commencement of pilot studies to collect staff time and service user clinical data to facilitate analysis of the care needs of frail elders and to develop a set of outcome indicators for both community and residential care.
- Development of an IT system interface for data input on mobile device for gatekeeping assessment and care management.
- Satisfactory completion of the evaluation of the community care voucher pilot programme.

**Utilization of Monetary Award from Faculty KE Award 2014**
The Centre allocated the monetary award of $50,000 to support the ageing-in-place project in rental estates. To support healthy and productive ageing, we engaged around 30 retired people with paid work. They have been trained as peer health educators who paid home visits to elderly residents and distributed individualized health reports. The team also conducted grip strength tests with thousands of elderly residents and organized health talks in the 12 public housing estates to promote the concept of importance of “Health Saving” for both physical health and mental health.

**Training Programmes**
Apart from the certificate courses on care management with interRAI that Centre has organized over the years, we have launched the certificate courses on spiritual well-being assessment and enhancement for Chinese elders in collaboration with Tung Wah Group of Hospitals. The course is an education initiative in synergy with our academic-community partnership project on spiritual well-being enhancement. Besides, the Centre has been providing consultancy to the Hong Kong Alzheimer’s Disease Association on the course content and manual development for its certificate dementia care planner course. This is an intensive 3-month course which runs quarterly and students are equipped as Certified Dementia Care Planners.
Conference and Seminars
In April, the Centre organized the International Conference on Advances in Non-pharmacological Interventions for People with Dementia and Caregivers, and two pre-conference workshops on (i) cognitive stimulation therapy; and (ii) managing dementia-related behaviour. Speakers delivered presentations on the latest practice and science in non-pharmacological intervention for dementia, and experience sharing of key initiatives in the United Kingdom, United States and Hong Kong. The programmes were a success with high attendance and positive feedback. During the period, besides, the Centre also co-organized 5 conferences/seminars in collaboration with other departments and NGOs on different topics.

b. Way forward

New Leadership
Prof. Terry Lum has stepped down from the Directorship by August 31, 2015. The Centre is most thankful for his tremendous contributions in leading and growing the Centre during his past years of directorship. He has taken up the Headship of the Department of Social Work and Social Administration since July 1, 2015. Prof. Lum is now Associate Director of the Centre and will continue to undertake gerontology research projects and KE activities in the Centre. Dr. Vivian Lou, Associate Professor of Department of Social Work and Social Administration has been appointed the directorship of the Centre from September 1, 2015 for a term of three years. It is anticipated that the Centre will grow to another level under Dr. Lou’s leadership.

Dementia Care Study
Dementia is one of the key research focuses of the Centre. Our multidisciplinary team, comprising members from backgrounds of social work, psychology, psychiatry and medicine, will extend the effort in academic studies; for instance, examination of the cognitive stimulation therapy and cognitive rehabilitation; investigation into the effects of duration of untreated illness in early outcomes in dementia; study of the Six Arts intervention in maintaining cognition and quality-of-life in demented people etc.

Spiritual Care Study
Over the years, the Centre has been devoting its efforts to studies in the conceptualization, assessment and enhancement of spirituality for Chinese older adults. Last year, the team collaborated with the Tung Wah Group of Hospitals to develop a mobile app which integrated the self-help manual and the spiritual scale for Chinese elders. The team has recently received a fund under the KE Funding Exercise 2015/16 to train frontline social care professionals with skills in delivering spirituality assessment and intervention with the mobile app innovation. We hope to foster the development of bio-psycho-socio-spiritual support in the elderly services.

New Social Impact Projects
The Centre has recently received high-amount donations from some prominent charities. To name a few:

- a grant of $5.2M from Simon K.Y. Lee Foundation to develop a 3-year Grandmove Project which aims to keep our older population active and robust;
- a grant of $4.5M from The Hong Kong Jockey Club Charities Trust to conduct a 4-year project to enhance Wanchai District and Central & Western District towards age friendly cities;
- a donation of $3M to from the Charitable Foundation of Love to conduct a project on family caregiving to stroke survivors.
We anticipate our projects will not only build up the academic publication output, and but also contribute to improving well-being of elders in Hong Kong and the region.

IV. Output (at least one author must indicate Centre affiliation in paper and only those research outputs affiliated with the Centre/Programme could be listed, must not repeat publications listed in earlier reports)

a. Journals


Cheung, K., Yip, S., Branch, L., & Robine, J. (2015). Decreased proportion of dementia-free life expectancy in Hong Kong SAR. Dementia and Geriatric Cognitive Disorders, 40(1-2), 72-84. doi:10.1159/000381848


b. Books published or contracted


c. Book chapters


d. Conference papers


centenarians in Hong Kong. *Paper presented at the 10th International Symposium on Healthy Aging*, the University of Hong Kong, Hong Kong.


e. Public or consultancy reports
   Nil

f. Other intellectual property (including software, training materials, etc.)
   Nil

V. Activities (must be active during the year, each project should highlight links to Centre strategy)

a. Consultancies

<table>
<thead>
<tr>
<th>Period</th>
<th>Consultancy</th>
<th>Contracting Party</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-Jun-2014 to 31-May-2015</td>
<td>Consultancy to the dementia policy framework for Macao SAR</td>
<td>Hong Kong Alzheimer’s Disease Association</td>
</tr>
<tr>
<td>3-Sep-14 to 3-Sep-16</td>
<td>Consultancy to the development of the Certified Dementia Care Planner (CDCP) Course</td>
<td>Hong Kong Alzheimer’s Disease Association</td>
</tr>
<tr>
<td>14-July-14 to 15-Oct-14</td>
<td>Consultancy on the pilot research study on cognitive health detection device</td>
<td>Hong Kong Applied Science and Technology Research Institute Company</td>
</tr>
</tbody>
</table>

b. Training

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 20 – July 4, 2014</td>
<td>Certificate Courses on Care Management with interRAI – Intermediate Level</td>
</tr>
<tr>
<td>May 7 – August 9, 2014</td>
<td>Certificate Dementia Care Planner Course (1st series) (Offered by Institute of Alzheimer’s Education of Hong Kong Alzheimer’s Disease Association in collaboration with Sau Po Centre on Ageing)</td>
</tr>
<tr>
<td>August 28, 2014</td>
<td>Certificate Courses on Spiritual Well-being Assessment and Enhancement for Chinese Elders – Basic Level (Co-organized with Tung Wah Group of Hospitals)</td>
</tr>
<tr>
<td>September 10 – December 13, 2014</td>
<td>Certificate Dementia Care Planner Course (2nd series) (Offered by Institute of Alzheimer’s Education of Hong Kong Alzheimer’s Disease Association in collaboration with Sau Po Centre on Ageing)</td>
</tr>
<tr>
<td>September 26, 2014</td>
<td>Certificate Courses on Spiritual Well-being Assessment and Enhancement for Chinese Elders – Advanced Level (Co-organized with Tung Wah Group of Hospitals)</td>
</tr>
<tr>
<td>October 31, 2014</td>
<td>Certificate Courses on Care Management with interRAI – Basic Level</td>
</tr>
<tr>
<td>Date</td>
<td>Activity</td>
</tr>
<tr>
<td>--------------------</td>
<td>---------------------------------------------------------------------------</td>
</tr>
<tr>
<td>November 13 – 28, 2014</td>
<td>Certificate Courses on Care Management with interRAI – Intermediate Level</td>
</tr>
<tr>
<td>December 29, 2014 – April 8, 2015</td>
<td>Certificate Dementia Care Planner Course (3rd series) (Offered by Institute of Alzheimer’s Education of Hong Kong Alzheimer’s Disease Association in collaboration with Sau Po Centre on Ageing)</td>
</tr>
<tr>
<td>January 14, 21 &amp; February 4, 2015</td>
<td>Certificate Courses on Care Management with interRAI – Intermediate Level (Group booking by Tung Wah Group of Hospitals)</td>
</tr>
<tr>
<td>April 8, 2015</td>
<td>Workshop on Cognitive Stimulation Therapy (CST) (Co-organized with Faculty of Social Sciences, Strategic Research Theme on Ageing, Strategic Research Theme on Neuroscience, and HKU Alzheimer’s Diseases Research Network, HKU)</td>
</tr>
<tr>
<td>April 9, 2015</td>
<td>Workshop on Managing Dementia-Related Behaviours (Co-organized with Faculty of Social Sciences, Strategic Research Theme on Ageing, Strategic Research Theme on Neuroscience, and HKU Alzheimer’s Diseases Research Network, HKU)</td>
</tr>
<tr>
<td>May 4 – July 27 2015</td>
<td>Certificate Dementia Care Planner Course (4th series) (Offered by Institute of Alzheimer’s Education of Hong Kong Alzheimer’s Disease Association in collaboration with Sau Po Centre on Ageing)</td>
</tr>
</tbody>
</table>

c. Research projects

i) List of all research projects

<table>
<thead>
<tr>
<th>Project Title</th>
<th>Name of Project Holder</th>
<th>Project Start Date</th>
<th>Amount</th>
<th>Funding Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Characteristics and predictors of productive ageing involvement among older Chinese in Hong Kong</td>
<td>Prof. Terry Lum</td>
<td>1-Jan-15</td>
<td>$501,725</td>
<td>General Research Fund</td>
</tr>
<tr>
<td>A Randomization Controlled Trial of Non-pharmacological Interventions for Dementia: Investigations of Effectiveness, Cost-effectiveness and Mechanism</td>
<td>Prof. Terry Lum</td>
<td>1-Jan-15</td>
<td>$100,000</td>
<td>Collaborative Research Fund</td>
</tr>
<tr>
<td>Family Caregiving and Long-term Care Decision of People with Dementia in Hong Kong</td>
<td>Prof. Terry Lum</td>
<td>1-Jul-14</td>
<td>$289,005</td>
<td>Central Policy Unit</td>
</tr>
<tr>
<td>Ageing with Down syndrome: Establishing the baseline of physical fitness and functioning for adults with Down syndrome in different age cohort</td>
<td>Prof. Terry Lum</td>
<td>01-Mar-13</td>
<td>$67,300</td>
<td>Seed Funding Programme for Basic Research</td>
</tr>
<tr>
<td>Project Title</td>
<td>Name of Project Holder</td>
<td>Project Start Date</td>
<td>Amount</td>
<td>Funding Source</td>
</tr>
<tr>
<td>------------------------------------------------------------------------------</td>
<td>------------------------------</td>
<td>--------------------</td>
<td>-----------</td>
<td>-----------------------------------------------------</td>
</tr>
<tr>
<td>Monetary Costs of Community Care for Dementia: A Pilot Micro-Costing Study Using Ecological Monetary Assessment</td>
<td>Prof. Terry Lum</td>
<td>30-Jun-14</td>
<td>$47,900</td>
<td>Seed Funding Programme for Basic Research</td>
</tr>
<tr>
<td>Cognitive, psychosocial and neurobiological predictors and pathway of change in people with mild Alzheimer’s disease receiving cognitive stimulation therapy</td>
<td>Dr. Gloria Wong</td>
<td>1-Oct-14</td>
<td>$120,000</td>
<td>Seed Funding Programme for Basic Research</td>
</tr>
<tr>
<td>Contributing Factors and Early Outcomes of Delayed Help-seeking and Intervention in Dementia: Naturalistic Prospective Study and Predictive Model</td>
<td>Dr. Gloria Wong</td>
<td>1-May-15</td>
<td>$96,068</td>
<td>Seed Funding Programme for Applied Research</td>
</tr>
</tbody>
</table>

**KE Funding Exercise 2014-15**

<table>
<thead>
<tr>
<th>Project Title</th>
<th>Name of Project Holder</th>
<th>Project Start Date</th>
<th>Amount</th>
<th>Funding Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Healthy x Productive Ageing: Elderly Peer Health Educator Programme</td>
<td>Prof. Terry Lum</td>
<td>1-Jul-14</td>
<td>$70,000</td>
<td>KE Funding Exercise 2014-15</td>
</tr>
<tr>
<td>Workshop and Implementation Guidebook for Elderly Services Organisation Managers on Evidence-based Non-pharmacological Interventions for People with Dementia and Family Caregivers</td>
<td>Dr. Gloria Wong</td>
<td>1-Jul-14</td>
<td>$85,000</td>
<td>KE Funding Exercise 2014-15</td>
</tr>
<tr>
<td>Advancing Dignity and Compassion in End -of- Life (EoL)</td>
<td>Dr. Andy Ho / Prof. Cecilia Chan</td>
<td>1-Jul-14</td>
<td>$85,000</td>
<td>KE Funding Exercise 2014-15</td>
</tr>
</tbody>
</table>

**Contracted research**

<table>
<thead>
<tr>
<th>Project Title</th>
<th>Name of Project Holder</th>
<th>Project Start Date</th>
<th>Amount</th>
<th>Funding Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Study on Enhancement of Integrated Home Care Service</td>
<td>Prof. Terry Lum</td>
<td>01-Mar-13</td>
<td>$247,200</td>
<td>Hong Kong Family Welfare Society</td>
</tr>
<tr>
<td>A Case Mix Study on the Community Care Services for the Elderly</td>
<td>Prof. Terry Lum</td>
<td>01-Apr-13</td>
<td>$1,430,000</td>
<td>Social Welfare Department, HKSAR Government</td>
</tr>
<tr>
<td>An Evaluation Study of the LinkAges project</td>
<td>Dr. Vivian Lou</td>
<td>01-May-13</td>
<td>$299,485</td>
<td>Aberdeen Kai-fong Welfare Association</td>
</tr>
<tr>
<td>Project on Enhancement of the Infrastructure of Long-term Care in Hong Kong</td>
<td>Prof. Terry Lum</td>
<td>01-Nov-13</td>
<td>$24,676,000</td>
<td>Social Welfare Department, HKSAR Government</td>
</tr>
<tr>
<td>Project Title</td>
<td>Name of Project Holder</td>
<td>Project Start Date</td>
<td>Amount</td>
<td>Funding Source</td>
</tr>
<tr>
<td>------------------------------------------------------------------------------</td>
<td>------------------------</td>
<td>--------------------</td>
<td>------------</td>
<td>-----------------------------------------------------</td>
</tr>
<tr>
<td>Research Service for Residential Homes for the Elderly</td>
<td>Dr. Vivian Lou</td>
<td>20-Jan-14</td>
<td>$369,368</td>
<td>Hong Kong Sheng Kung Hui Welfare Council</td>
</tr>
<tr>
<td>Evaluation on the Effectiveness of the Intervention under Self-help Approach on Enhancing Spirituality of Elders Living in Hong Kong</td>
<td>Dr. Vivian Lou</td>
<td>1-Apr-14</td>
<td>$250,000</td>
<td>Tung Wah Group of Hospitals</td>
</tr>
<tr>
<td>REACH research report and practitioner manual for good practice sharing on Dementia Caregiver Services in Hong Kong</td>
<td>Dr. Paul Wong</td>
<td>14-Apr-14</td>
<td>$95,000</td>
<td>The Hong Kong Council of Social Service</td>
</tr>
<tr>
<td>An Evaluation Study on Community Support Services of IDSP for the Elderly Patients</td>
<td>Dr. Vivian Lou</td>
<td>1-May-14</td>
<td>$50,000</td>
<td>Aberdeen Kai-fong Welfare Association</td>
</tr>
<tr>
<td>Longitudinal Study on Ageing-in-Place Scheme at HKHS Rental Estates: Baseline Health and Wellbeing Status and 2-Year Outcome</td>
<td>Prof. Terry Lum</td>
<td>1-Jul-14</td>
<td>$250,000</td>
<td>Hong Kong Housing Society</td>
</tr>
<tr>
<td>Evaluation Study on Pilot Scheme on Living Allowance for Carers of the Elderly Persons from Low Income Families</td>
<td>Prof. Terry Lum</td>
<td>5-Dec-14</td>
<td>$1,430,000</td>
<td>Social Welfare Department, HKSAR Government</td>
</tr>
<tr>
<td>Evaluating the Effectiveness of the Recovery Program for Stroke Patients</td>
<td>Dr. Vivian Lou</td>
<td>20-Mar-15</td>
<td>$195,000</td>
<td>The Neighbourhood Advice-Action Council</td>
</tr>
<tr>
<td>Management Research Services for Aging Members and their Family Members/ Care-givers</td>
<td>Prof. Terry Lum</td>
<td>1-Feb-15</td>
<td>$239,846</td>
<td>Hong Kong Down Syndrome Association</td>
</tr>
<tr>
<td>Project Sunrise: a 'District-based Community Shared-Care Model'</td>
<td>Dr. Gloria Wong</td>
<td>1-Apr-15</td>
<td>$200,000</td>
<td>Hong Kong Alzheimer's Disease Association</td>
</tr>
</tbody>
</table>

**ii)** List of all collaborative projects

<table>
<thead>
<tr>
<th>Project Title</th>
<th>Name of Project Holder</th>
<th>Name of Collaborator</th>
<th>Project Start Date</th>
</tr>
</thead>
</table>
| **Program on Psychosocial Research on Ageing** (Supported by Strategic Research Theme on Ageing) | Prof. Karen Lam (a/c housed at Department of Medicine) | Co-coordinator: Dr Terry Lum  
Members: Dr. Karen Cheung, Dr. Vivian Lou, Dr. Paul Wong  
Dept of Soc Work & Soc Admin | 15-Sep-13 |
iii) List of all pro-bono projects

<table>
<thead>
<tr>
<th>Period</th>
<th>Project Title</th>
<th>Nature (i.e. research or consultancy)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-Nov-13 to 31-Oct-16</td>
<td>Study of Dementia Help-seeking Behaviour</td>
<td>Research</td>
</tr>
<tr>
<td></td>
<td>(for Hong Kong Alzheimer's Disease Association)</td>
<td></td>
</tr>
<tr>
<td>3-Sep-14 to 3-Sep-16</td>
<td>Certified Dementia Care Planner</td>
<td>Consultancy</td>
</tr>
<tr>
<td></td>
<td>(for Hong Kong Alzheimer's Disease Association)</td>
<td></td>
</tr>
</tbody>
</table>

d. Conferences organized

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 8, 2014</td>
<td>Seminar on The Regulation of Care Work in the US: Past Pitfalls, Present Trends, and Future Promises (Co-organized with Department of Social Work and Social Administration, HKU)</td>
</tr>
<tr>
<td>November 8, 2014</td>
<td>8th World Congress on Long Term Care in Chinese Communities and Asian Ageing Development on Conference “3As in Aged Care – Advocacy, Advancement and Achievement” (Co-organized with Hong Kong Association of Gerontology; Helping hand; The Hong Kong Society for Rehabilitation; Caritas Macau; Lingnan University; Centre for Gerontological Nursing, The Hong Kong Polytechnic University)</td>
</tr>
<tr>
<td>November 20, 2014</td>
<td>21st HKICC Hospice &amp; Palliative Social Work Satellite Symposium - “The Art of Palliative Social Work – Research, Practice and Beyond” (Co-organized with Department of Social Work and Social Administration, Centre on Behavioural Health and Centre for Cancer Research, HKU; Chapter on Medical Social Service Hong Kong Social Workers Association; 21st Hong Kong International Cancer Congress)</td>
</tr>
<tr>
<td>December 12, 2014</td>
<td>Symposium on Social Innovation in Creative Intergenerational Solidarity (Co-organized with Aberdeen Kai-fong Welfare Association Social Service; CADENZA; Sponsored by The Hong Kong Jockey Club Charities Trust)</td>
</tr>
<tr>
<td>April 10, 2015</td>
<td>International Conference on Advances in Non-pharmacological Interventions for People with Dementia and Caregivers (CoA was the key organizer; co-organizers included Faculty of Social Sciences, Strategic Research Theme on Ageing, Strategic Research Theme on Neuroscience, and HKU Alzheimer’s Diseases Research Network, HKU)</td>
</tr>
<tr>
<td>June 26 – 27, 2015</td>
<td>International Alzheimer’s Disease Conference 2015 - “Early Detection, Treatment &amp; Prevention of Dementia: Patients’ and Caregivers’ Perspectives” (Co-organized with HKU Alzheimer’s Disease Research Network; Research Centre of Heart, Brain, Hormone and Healthy Aging; Strategic Research Theme Ageing; Strategic Research Theme Neuroscience; Strategic Research Theme Science of Learning; Faculty of Social Sciences; Li Ka Shing Faculty of Medicine, HKU; and Department of Rehabilitation Sciences, The Hong Kong Polytechnic University)</td>
</tr>
</tbody>
</table>
e. Relationships formed with organizations
Nil

VI. Teaching (excluding that credited to departments)
a. Undergraduate courses
Nil
b. Taught Masters courses
Nil
c. Research students (including list of current students and completed)
Nil

VII. Collaborations
a. University level (within HKU)
   (i) The Centre maintains its strong connection and synergy with the Department of Social Work and Social Administration in conducting research projects and organizing knowledge exchange activities.
   (ii) The Centre is partnering with the Institute of Human Performance in implementing the Grandmove Project to promote elders' robustness against frailty. The Institute’s Active Health Clinic is developing a structured exercise training tailored for elders in Hong Kong and will design a train-the-trainer ambassador programme to engage older adults as personal coaches for healthy ageing.
   (iii) Our International Conference on Advances in Non-pharmacological Interventions for People with Dementia and Caregivers (April 2014) was co-organized and supported by HKU Alzheimer’s Disease Research Network; Strategic Research Theme on Ageing and Strategic Research Theme on Neuroscience.
   (iv) The Centre has closely collaborated with the Research Centre of Heart, Brain, Hormone and Healthy Aging in knowledge exchange activities. For instance,
      - In the International Alzheimer’s Disease Conference 2015 (June 26-27, 2015), our academic staff delivered presentations on:
         - Estimating the Economic Challenge of Dementia in Hong Kong (Prof. Terry Lum)
         - Early Assessment Service for Older People Seeking Help for Cognitive Concerns: Preliminary Findings (Dr. Jennifer Tang)
         - Cognitive Stimulation Therapy for People with Mild Alzheimer’s Disease in Hong Kong Chinese Community Care Setting (Dr. Gloria Wong)
      - Prof. Terry Lum delivered a presentation on “A Survey of Evidence based Community Support Services for People with Dementia and their Caregivers in Hong Kong” at the 10th International Symposium on Healthy Ageing: A Decade of Positive Ageing (March 8, 2015).

b. Community level
   (i) In conducting the Grandmove Project, the Centre is partnering with the Institute of Active Ageing, Hong Kong Polytechnic University which will recruit elder participants and explore the formalization of the train-the-trainer ambassador programme under the Employee Retraining Board.
(ii) The Centre for Gerontological Nursing, School of Nursing of The Hong Kong Polytechnic University served as a supporting organization of our International Conference on Advances in Non-pharmacological Interventions for People with Dementia and Caregivers (April 2015).

(iii) The Centre served as a supporting organization of the Technologies and Healthy Ageing Symposium (September 30, 2014), which was co-organized by Hong Kong Applied Science and Technology Research Institute, CADENZA and CUHK Jockey Club Institute of Ageing.

(iv) Our academic staff were invited to deliver trainings for different local organizations/institutions, for example:

- Prof. Terry Lum conducted a Workshop on Outcome Indicator and Social Return on Investment for the Community Investment and Inclusion Fund, Labour and Welfare Bureau, Hong Kong SAR Government (July 21, 2014).
- Prof. Terry Lum delivered a staff training workshop on the future of the elderly service for Yan Oi Tong (August 16, 2014).
- Prof. Terry Lum delivered a presentation to discuss the pressure and opportunities of the elderly long-term care services in Hong Kong at the 「未來五年香港安老服務長期照顧前瞻與發展」研討會 (September 19, 2014), which was co-organized by The Elderly Service Association of Hong Kong, SME Global Alliance Elderly and Special Needs Services Association and Hong Kong Private Nursing Home Owners Association.
- Dr. Vivian Lou delivered a presentation on “Conceptualizing Offspring Caregiving Motivational Resilience: A Dyadic relationship Approach” at the U.S. – Hong Kong 2015 Conference – Putting Ageing Research and Clinical Practice in Cultural Context. The conference was organized by The Chinese University of Hong Kong in collaboration with the Gerontological Society of America (January 5-6, 2015).
- Dr. Gloria Wong offered a training on dementia assessment and caregivers support service (December 2014 to March 2015) and Prof. Terry Lum gave a briefing session on interRAI application (May 26, 2015) for the Hong Kong Family Welfare Society.
- As an initiative in the ageing-in-place project for the Hong Kong Housing Society, our team delivered health talks to the elderly residents of 12 rental housing estates on the understanding of health reserve in later life (June to July 2015).

(v) Our staff have undertaken new external appointments in for government departments/NGOs, for example:

- Prof. Terry Lum was invited by Yuen Long District Coordinating Committee on Promotion of Volunteer Service, Social Welfare Department to serve the vetting panel for 2014 Yuen Long Outstanding Volunteer Election.
- Prof. Terry Lum is serving the Advisory Committee for the Age-friendly City Project of The Hong Kong Jockey Club Charities Trust.

(vi) Our staff are regularly invited to write articles for the elderly publication The Voice (松柏之聲) published by St. James Settlement. Four pieces were covered in this period:

- 《忘了，由誰照顧？》by Dr. Gloria Wong (Published July 15, 2014)
- 《中國傳統孝道的蛻變 — 老年臨終關懷的反思》by Dr. Andy Ho (Published August 15, 2014)
- 《長者肌肉鍛鍊運動計劃》by Ms. Mandy Lau and Ms. Winkie Fung (Published November 15, 2014)
c. Regional level

(i) Prof. Terry Lum gave a presentation to theAssociacao dos Familiares Encarregados dos Deficientes Mentais de Macau at the「智樂社區— 探討復康政策對樂齡服務之影響」研討會 (August 25, 2014).

(ii) The Centre hosted a sharing session for a delegation from theMinistry of National Development Singapore, Housing and Development Board on our research experience with the practices of reverse mortgage in Hong Kong (July 8, 2015).

(iii) A delegation from The University of Tokyo and Tokyo Medical and Dental University visited the Centre to exchange experience on interRAI related research (August 25, 2014).

(iv) The Centre hosted a visit for a delegation from the People’s Association of Singapore to share experience on ageing population and elderly-related policy in Hong Kong (October 29, 2014).

(v) Dr. Vivian Lou was invited by Wuhan University and East China Normal University as a visiting scholar to offer teaching and discuss research collaboration (November 2014).

d. International level

(i) The Centre has maintained a close collaboration with the interRAI Group in adopting and licensing the interRAI assessment instruments to conduct the long-term care project. The interRAI is an international collaborative network of researchers in over 30 countries committed to improving care for persons who are disabled or medically complex.

(ii) Prof. Terry Lum was invited by the International Long-term Care Policy Network (ILPN) to chair a parallel session on Care Models and deliver a presentation on “Preliminary findings from the Community Care Voucher Pilot Programme in Hong Kong” at the 3rd International Conference on Evidence-based Policy in Long-term Care in London (August 31 – September 3, 2014). The ILPN is a global network of researchers, policy-makers and other stakeholders with the aim to promote global exchange of evidence and knowledge on long-term care policy.

(iii) Prof. Terry Lum was invited by the Washington University in St. Louis to present at the session “Intersection of Aging and the Environment” and “Family Caregiving: Cross-National Issues and Potential for Collaboration” of the 5thInternational Symposium on The Role of Research Universities in Addressing Global Challenges (October 16-19, 2014).

Prepared by Sau Po Centre on Ageing
September 18, 2015