I. **Mission**
The Sau Po Centre on Ageing aims to become a leading centre on gerontological research and education in the region and is committed to enhancing the well-being of older people through its research, education and knowledge exchange activities.

II. **Strategy (and its alignments with the Faculty strategy and Centre mission)**
To pursue excellence and innovation in research, education and knowledge exchange, the Centre plans:
(i) to expand and strengthen its research team with high caliber people to seek research funding in support of projects in the areas of long-term care policy, productive ageing, end of life care, dementia care, health literacy and comparative ageing policy;
(ii) to develop a new research area in related to population ageing in China;
(iii) to establish close research collaboration with major research institutions outside Hong Kong in both Asia and outside Asia; and
(iv) to organize two symposiums annually, research seminars and different training programmes throughout the year.

III. **Director's Reflection (1/2 page)**

a. Performance in the last academic year

*Research excellence*
The Centre has expanded its research capability significantly since I have become the Centre Director two years ago. When I assumed the Directorship in July 2011, the Centre only hired one part-time clerical staff. As of June 2013, we employed nine staff, including an Executive Officer, a Project Assistant, an Senior Technical Assistant, a Post-doctoral Fellow, a Senior Research Assistant, and four Research Assistants. The strengthened manpower has significantly enhanced our ability and capacity to secure research funding. During this report period, we are pleased to have obtained about HK$28M from both private and public sectors to support our high impact research to improve the quality of care and life of older people. For instance:

- A study of middle class retirement plan in Hong Kong for Prudential Assurance Ltd.;
- A study of ageing with down syndrome for the Hong Kong Down Syndrome Association;
- An evaluation study of the LinkAges project (funded by CADENZA) for the Aberdeen Kai-fong Welfare Association, etc.
- A study to develop and case mix group for community long term care for the Social Welfare Department of HKSAR Government.
Symposiums and seminars
The Centre has successfully joined hands with other units in HKU, local and overseas institutions in organizing symposiums and seminars, which brought together leading researchers from the world to share their knowledge on productive ageing, dementia care, enhancement of elderly home care, and to discuss directions towards future development. To name a most significant, we organized *A New Way Forward for Dementia Care International Symposium* in collaboration with Yan Oi Tong and The Hong Kong Council of Social Service. As part of the programme, we invited leaders of the local elderly service sector to the *Brainstorming session on The Future of Dementia Care in Hong Kong*.

Professional care management training
The Centre has continued its effort to refine the curriculum of its care management training and to deliver the training to social services and health care professionals in Hong Kong. During this period, we trained more than 200 people, including social workers, nurses, physical therapists, etc. The training was well received in the community and the feedbacks were very positive. We will continue running the training in the coming year.

Resourceful hub of knowledge exchange
The Centre continued to enhance its website to become a leading hub of knowledge exchange on gerontology in the region. It disseminates the Centre’s academic and research excellence; offers a platform of e-learning; and provides a channel of the latest elderly-related news and resources to the general public.

b. Way forward

**Enhancement of the Infrastructure of Long-term Care in Hong Kong**
The Centre has recently received a grant of HK$24M from the Lotteries Fund though the Social Welfare Department for implementing a three-year project to enhance the infrastructure of long-term care in Hong Kong. It aims to improve gate-keeping for residential care services and shorten the waiting list for residential care; to strike a better balance between residential and community care; to increase the accessibility of long-term care services through standardized assessment, evidence based elder care, resources utilization groups (RUGs), an IT supported clinical decision system, and a care manager training system. In anticipation for an influential social impact by the project, the Centre will further strengthen its manpower and allocate more resources to this project.

**A case mix study on the community care services for the elderly**
The Centre has been commissioned by the Social Welfare Department to evaluate the existing RUGs of community care, and to make recommendations on a case mix classification system on different needs of elders for use in the Pilot Scheme on the Community Care Service Voucher for the Elderly.

**A study on enhancement of integrated home care service**
The Centre will continue to help the Hong Kong Family Welfare Society evaluate the mini-adult day care model and the Happy n’ Healthy program.

**A Study on the Practice outside Hong Kong on Financial Assistance for Persons with Disabilities**
The Centre has been commissioned by the Labour and Welfare Bureau to
study the existing disability assessment of the HKSAR Government’s Disability Allowance; and investigate into the experience and practices outside Hong Kong in granting financial assistance for persons with disabilities.

**Support to dementia care projects**

The Centre received a HK$1M donation raised from the JMK China Wedding Anniversary Charity Dinner. The donation will primarily support the academic initiatives in dementia care. The forthcoming initiatives include:

- To continue with the *Reaching Out Dementia Caregiver Support Project* in collaboration with The Hong Kong Council of Social Service and the Charles K Kao Foundation for Alzheimer’s Disease.
- To allocate a $0.1M to establish a scholarship scheme in support of research studies of RPG students, which demonstrate academic merits and significance in improving and enhancing care to dementia patients, their families and caregivers.

**IV. Output** (at least one author must indicate Centre affiliation in paper and only those research outputs affiliated with the Centre/Programme could be listed, must not repeat publications listed in earlier reports)

a. Journals


b. Books published or contracted
Nil

c. Book chapters


d. Conference papers


Lou V. W. Q and Zhong X. (November 2012). Human resource management in nursing homes in Xian China: An initial application of high commitment work system Chinese version scale, 65th Annual Scientific Meeting of the Gerontological Society of America. San Diego, USA.

Lum, T. Y. S. (July, 2012). Public platform to promote productive activities of older people, Symposium on Productive Ageing in Asia, Sau Po Centre on Ageing, The University of Hong Kong, Hong Kong.

Lum, T. Y. S. (September, 2012). Always staying relevant and young at heart, Towards an Age-Friendly World Conference, Singapore. [Invited plenary speaker]

Lum, T. Y. S. (September, 2012). 社區照顧服務券、全港認知障礙症照顧者聯盟 第六屆全港認知障礙症照顧者論壇, 香港 [Invited speaker]


Lum, T. Y. S. (January, 2013). 護老者服務 - 從理論到實踐, 救世軍護老者協會十周年活動, 香港 [Invited speaker]

Lum, T. Y. S. (May, 2013). Social workers in elder care services, Shanghai Forum 2013, Shanghai, China. [Invited speaker]

Rebalancing long term care in Hong Kong, 20th IAGG World Congress of Gerontology and Geriatrics, Seoul, Korea.


e. Public or consultancy reports
Nil

f. Other intellectual property (including software, training materials, etc.)
Nil

V. Activities (must be active during the year, each project should highlight links to Centre strategy)

a. Consultancies
Nil

b. Training

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>August 17 – September 13, 2012</td>
<td>Care Management and interRAI Training Course for Hong Kong Christian Service</td>
</tr>
<tr>
<td>November 21 – December 20, 2012</td>
<td>Care Management and interRAI Training Course for Hong Kong Christian Service and Haven of Hope Christian Service</td>
</tr>
<tr>
<td>February 22 – March 22, 2013</td>
<td>Care Management and interRAI Training Course</td>
</tr>
<tr>
<td>June 21, 2013</td>
<td>Interventionist Training for the Happiness of Discovering Programme of Aberdeen Kai-Fong Welfare Association (AKA)</td>
</tr>
</tbody>
</table>

c. Research projects

i) List of all research projects

<table>
<thead>
<tr>
<th>Project Title</th>
<th>Name of Project Holder</th>
<th>Project Start Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>A Study on Die-in-Home Service</td>
<td>Dr. Vivian Lou</td>
<td>01-APR-2011</td>
</tr>
<tr>
<td>Prudential Assurance - A Study of Middle Class Retirement Plan in Hong Kong</td>
<td>Dr. Terry Lum</td>
<td>01-FEB-2013</td>
</tr>
<tr>
<td>HKFWS - Study on Enhancement of Integrated Home Care Service</td>
<td>Dr. Terry Lum</td>
<td>01-MAR-2013</td>
</tr>
<tr>
<td>SWD - A Case Mix Study on the Community Care Services for the Elderly</td>
<td>Dr. Terry Lum</td>
<td>01-APR-2013</td>
</tr>
<tr>
<td>AKA – An Evaluation Study of the LinkAges project</td>
<td>Dr. Vivian Lou</td>
<td>01-MAY-2013</td>
</tr>
</tbody>
</table>

ii) List of all collaborative projects

<table>
<thead>
<tr>
<th>Project Title</th>
<th>Name of Project Holder</th>
<th>Name of Collaborator</th>
<th>Project Start Date</th>
</tr>
</thead>
</table>
Ageing with Down Syndrome: Establishing the baseline of physical fitness and functioning for adults with Down syndrome in different age cohorts (Seed Funding Programme for Basic Research)

Dr. Terry Lum

Dr. MA Tse
Institute of Human Performance
Ms HSK Hui
Dept of Social Work & Social Admin

01-MAY-2013

An Integrated Study of the Population Policy for Hong Kong
(Strategic Public Policy Research)

Prof. Paul Yip (Dr. Terry Lum as Co-I)

Prof. Paul Yip
Dept of Social Work & Social Admin
Dr. Peter Cheung
Dept of Politics & Political Admin
Dr. Lam Kwok Fai
Dept of Statistics & Actuarial Science
Other local and overseas scholars

JAN/FEB-2013

iii) List of all pro-bono projects

<table>
<thead>
<tr>
<th>Period</th>
<th>Project Title</th>
<th>Nature (i.e. research or consultancy)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jun 2012 to present</td>
<td>Ageing with Down Syndrome (for the Hong Kong Down Syndrome Association)</td>
<td>Research</td>
</tr>
</tbody>
</table>

d. Conferences organized

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 6, 2012</td>
<td>Symposium on Productive Ageing in Asia (Co-organized with Faculty of Social Sciences; Washington University in St. Louis; and National Taiwan University)</td>
</tr>
<tr>
<td>October 25, 2012</td>
<td>Seminar on the Application of Geographic Information Systems and Global Positioning System in Behavioral Health Research (Co-organized with Institute of Human Performance)</td>
</tr>
<tr>
<td>February 1, 2013</td>
<td>Seminar on the endowment pattern of the remarried rural old men in China and its development tendency</td>
</tr>
<tr>
<td>February 1, 2013</td>
<td>Reaching Out Dementia Caregiver Support Project – Advanced workshop for local and overseas experiences consolidation (Co-organized with Yan Oi Tong; and The Hong Kong Council of Social Service)</td>
</tr>
<tr>
<td>February 1, 2013</td>
<td>Reaching Out Dementia Caregiver Support Project – Introductory Workshop (Co-organized with Yan Oi Tong; and The Hong Kong Council of Social Service)</td>
</tr>
<tr>
<td>February 2, 2013</td>
<td>“A New Way Forward for Dementia Care” International Symposium (Co-organized with Yan Oi Tong; and The Hong Kong Council of Social Service)</td>
</tr>
<tr>
<td>April 8, 2013</td>
<td>Seminar on the Implications of Children Number to the Quality-of-life of Rural Elders in China (Co-organized with Department of Social Work and Social Administration)</td>
</tr>
<tr>
<td>June 10, 2013</td>
<td>Seminar on the Interventions to Improve Health of Individuals with Dementia and Their Family (Co-organized with Department of Nursing)</td>
</tr>
</tbody>
</table>
June 13, 2013

Seminar on the Cognitive Impairment and Oral Health: A Review of Recent Literature
(Co-organized with Department of Nursing)

e. Relationships formed with organizations
Nil

VI. Teaching (excluding that credited to departments)
a. Undergraduate courses
Nil

b. Taught Masters courses
Nil

c. Research students (including list of current students and completed)
Nil

VII. Collaborations
a. University level (within HKU)
   (i) The Centre closely collaborated with the Department of Social Work and Social Administration in conducting research projects and organizing knowledge exchange activities.

   (ii) The Centre joined hands with the Institute of Human Performance to investigate into the ageing process of people with Down syndrome.

   (iii) Dr. Terry Lum was invited by the General Education Unit, HKU to be the guest speaker of a post-screening discussion of the General Education Course entitled The Doc. Series (華語紀錄片系列) on October 4, 2012; and the Screening of Go Grandriders (不老騎士 — 歐兜邁環台日記) on January 24, 2013 to share his insights on ageing issues, long-term care and ageing policy.

b. Community level
   (i) Dr. Terry Lum was invited to give a presentation on “Psychosocial care of dementia caregivers” in the Alzheimer’s Disease Conference 2012: From Public Health, Basic and Clinical Sciences on June 15, 2012. The Conference was organized by Alzheimer’s Disease Research Network, SRT Healthy Ageing, eSRT in Communication Disorders, Research Centre of Heart, Brain, Hormone and Healthy Ageing, HKU and co-organized by The Hong Kong Alzheimer’s Disease Association and The Hong Kong Polytechnic University.

   (ii) Dr. Terry Lum was invited to give a presentation on “Introduction of the community care service voucher” in the 6th Dementia Caregiver Forum on September 15, 2012. The Forum was co-organized by St. James’ Settlement, The Hong Kong Council of Social Service, Hong Kong Society for Rehabilitation and The Evangelical Lutheran Church of Hong Kong.

   (iii) Dr. Terry Lum was invited to give a presentation on "Age-friendly business: The opportunity" in the Forum on Age-friendly City — New Opportunities for Socio-demographic Ageing organized by The Hong Kong Council of Social Service on December 12, 2012.
(iv) Dr. Terry Lum was invited by the **Hong Kong Police Force** to give a presentation on the “Application of Gerontology and Elderly Psychology in the Hong Kong Contemporary Society” and to participate in the **Discussion Forum on Productive Ageing** in the **Senior Police Call Soft Launching Ceremony** on December 21, 2012.

(v) Dr. Terry Lum was invited by **The Salvation Army** to give a presentation on the “Elder Care Service: From Theory to Practice” in the **Salvation Army Carer Association 19th Anniversary** on January 11, 2013.

(vi) **Tai-chi for Parkinson’s 2013** jointly organized by **The Hong Kong Parkinson’s Disease Foundation** was held on May 16, 2013.

(vii) The Centre was invited by the **Hong Kong Design Centre** to be a supporting organization of the **Knowledge of Design Week (KODW) 2013** from July 2 to 6, 2013.

c. Regional level
(i) Dr. Terry Lum was invited to be the plenary speaker and deliver a presentation in the **Ageless in Singapore – Toward an Age-Friendly World Conference** in Singapore on September 7, 2012.

(ii) The **Jade Club, HK** and a delegation of Mainland elderly home operators visited the Centre on Nov 1, 2012. A presentation by Dr. Vivian Lou on “Standardized care need assessment mechanism for elderly services” and an exchange session with the M.S.W. and Ph.D students of HKU were arranged.

(iii) Dr. Terry Lum was invited by the **Fudan University** to deliver a presentation at the **Shanghai Forum 2013** in Shanghai China on May 26, 2013.

d. International level
(i) Dr. Terry Lum, Dr. Vivian Lou and Dr. Angela Leung presented papers at the **65th Annual Scientific Meeting of the Gerontological Society of America** in San Diego between Nov 14 and 18, 2012.

(ii) Dr. Terry Lum presented papers at the **20th IAGG World Congress of Gerontology and Geriatrics** in Seoul, Korea from June 23 to June 27, 2013.

Prepared by Sau Po Centre on Ageing
October 31, 2013