

**THE UNIVERSITY OF HONG KONG**  
**FACULTY OF SOCIAL SCIENCES**

Centre Annual Report

**Name of Centre / Institute:** Sau Po Centre on Ageing  
**Director of Centre / Institute:** Dr. Terry LUM Yat-sang  
**Period (July 1<sup>st</sup> to June 30<sup>th</sup>):** July 1<sup>st</sup>, 2011 to June 30<sup>th</sup>, 2012

**I. Mission**

The Sau Po Centre on Ageing aims to become a leading centre on gerontology in the region and is committed to enhancing the well-being of older people through its research, education and knowledge exchange activities.

**II. Strategy (with links to the Faculty strategy and Centre mission)**

To pursue excellence and innovation in research, education and knowledge exchange, the Centre plans:

- (i) to expand and strengthen its research team with high caliber people to seek research funding in support of projects in the areas of Long Term Care policy, productive ageing, end of life care, dementia care, health literacy and comparative ageing policy.
- (ii) to develop a new research area in related to population ageing in China.
- (iii) to establish close research collaboration with major research institutions outside Hong Kong, in both Asia and outside Asia.
- (iv) to organize two symposiums annually, research seminars and different training programmes throughout the year.

**III. Director's Reflection (1/2 page)**

- a. Performance in the last academic year

***Research excellence***

The Centre's research has led to major policy changes in Long Term Care policy and program in Hong Kong. The Centre was commissioned by the Elderly Commission of the HKSAR Government to conduct studies of Residential Care and Community Care in 2009 and 2011 (P.I. Dr. Ernest Chui). Our recommendations were endorsed by the Elderly Commission and the HKSAR government, and led to the implementation of the Community Care Voucher Pilot Project as announced by the HKSAR Chief Executive in his 2012 annual policy address.

The Centre has contributed to improving the quality of care of older people in various elderly services sectors through different research projects. In the period, some contract research projects include:

- a study for the Yan Oi Tong on the association between social capital and well-being of older people in Tuen Mun and Yuen Long (P.I.: Dr. Vivian Lou);
- a study for the Hong Kong Housing Society to develop an ageing-in-place model for residents of its rental housing estates (P.I.: Dr. Terry Lum); and
- a study to evaluate the Spirituality Enhancement Group for Chinese Elders developed by TWGHs, and to develop an intervention manual and a pilot self-help manual for Chinese elders (P.I.: Dr. Vivian Lou).

Besides, the Centre has also contributed its research efforts to the community through its pro-bono research, including:

- a study of staffing issue in long term care sector in Hong Kong for the Elderly Service Association of Hong Kong (P.I.: Dr. Terry Lum); and
- a study on ageing with down syndrome for the Hong Kong Down Syndrome Association (P.I.: Dr. Terry Lum).

#### ***Symposiums and seminars***

The Centre has successfully joined hands with other units in HKU, local and overseas institutions in organizing symposiums and seminars, which brought together leading research experts and professionals to explore and share their knowledge on future ageing society, dementia care, productive ageing, enhancement of elderly home care, and to discuss directions towards future development.

#### ***Professional interRAI training***

The Centre has played a key role in introducing the interRAI assessment system to Hong Kong. In view of an increasing demand for professional training in care management, the Centre has mobilized our clinical fellows who possess extensive clinical expertise and knowledge to conduct the “*Care Management and interRAI Training Course*” for social services and health care professionals.

#### ***Resourceful hub of knowledge exchange***

The Centre has recently revamped its website to become a leading hub of knowledge exchange on gerontology in the region. It disseminates the Centre’s academic and research excellence; offers a platform of e-learning; and provides a channel of the latest elderly-related news and resources to the general public.

#### **b. Way forward**

##### ***Evaluation of the pilot scheme of Community Care Voucher***

Following the forthcoming implementation of the pilot scheme of Community Care Voucher by the HKSAR Government in 2013, it is anticipated that the Centre will be engaged by the Social Service Department to conduct an assessment and evaluation of the pilot scheme. The study will apply the use of interRAI assessment system by the Centre’s excellent interRAI research team led by Prof. Iris Chi (Founding Director and Hon. Advisor of the Centre), who is the sole interRAI Fellow in Hong Kong. This will establish the leading role of the Centre in conducting high quality research based on the interRAI assessment data.

##### ***Long term care capacity enhancement***

The Centre is also actively seeking funding support from the Lotteries Fund through the Social Service Department to conduct a three-year long term care (LTC) capacity enhancement project. It aims to reduce the demand of nursing home care; to improve the quality of care and quality of life of frail elders; and to increase the accessibility of LTC services through standardized assessment, evidence based elder care, resources utilization groups (RUGs), IT supported clinical decision system, and a care manager training system.

##### ***Population ageing in China***

The Center is committed to advanced gerontological research and education in the greater Chinese region through its close collaboration with partners in the

mainland China. Other than providing gerontological practice training in major Chinese cities, the Centre currently has several active research collaborations with Beijing University, Renmin University and Fudan University. The Centre is also partnering with researchers from overseas universities to promote research and practice of productive ageing in greater Chinese region. The Centre has recently received a grant from the “Central Government Fund for 1000 HKU students and staff visiting China” to implement a China Gerontological Research Partnership with Peking University, Fudan University and Sun Yat-sen University. We are looking forward to more learning and exchange experience with these institutions.

***Mutual support to M.Soc.Sc. programme in Gerontology***

In view of the new cohort of M.Soc.Sc. programme in Gerontology offered by the Department of Social Work and Social Administration, the Centre will anticipate mutual support or any forms of collaborations with the programme in enhancing academic and research excellence in future.

**IV. Output (at least one author must include Centre affiliation in paper and only those research outputs affiliated with the Centre/Programme should be listed, must not repeat publications referenced in earlier reports)**

a. Journals

(According to alphabetical order of authors' name) \*In affiliation with CoA #In notes on contributor to CoA

**Dr. Amy Chow (Associate Director)**

\*Chow, A. Y. M., Chow, M., Wan, C. K. P., Wong, K. K. L., & Cheung, R. W. T. (2011). The development and initial validation of the Chinese Significant Wish Fulfillment Scale. *International Psychogeriatrics*, 23(03), 442-449. doi: doi:10.1017/S1041610210001341

**Dr. Ernest Chui (Hon. Research Fellow)**

\*Chui, E. W. T. (2012). Caring for our seniors – private issue or public? The Asian scene. *Journal of Asian Public Policy*, 5(1), 51-70. doi: 10.1080/17516234.2012.662355

**Dr. Lianne Ko (Hon. Research Fellow)**

#Ko, L. S. F. (2012). Solidarity, ambivalence and multigenerational co-residence in Hong Kong. In S. Arber & V. Timonen (Eds.), *Contemporary grandparenting: Identities, choice and constraint in global contexts* (pp. 91-112). Bristol: Policy Press.

\*He, Y., Jiang, B., Li, L. S., Ko, L., Wu, L., Sun, D. L., . . . Hu, F. B. (2012). Secondhand smoke exposure predicted chronic obstructive pulmonary disease and other tobacco related mortality in a 17-years cohort study in China. *CHEST Journal*.

**Prof. Daniel Lai (Hon. Research Fellow)**

\*Tong, H. M., Lai, D. W. L., Zeng, Q., & Xu, W. Y. (2011). Effects of social exclusion on depressive symptoms: Elderly Chinese living alone in Shanghai, China. *Journal of Cross-cultural Gerontology*, 26(4), 349-364. doi: 10.1007/s10823-011-9150-1

**Mrs. Eliza Leung (Hon. Advisor)**

\*Lou, V. W. Q., Chui, E. W. T., Leung, A. Y. M., Tang, K., Chi, I., Leung Wong,

E. K. S., & Kwan, C. W. (2011). Factors affecting long-term care use in Hong Kong. *Hong Kong Medical Journal*, 17(Suppl 3), S8-S12.

**Dr. Angela Leung (Hon. Research Fellow)**

\*Leung, A. Y. M., Chan, S., Kwan, C., Cheung, M., Leung, S., & Fong, D. (2012). Service learning in medical and nursing training: A randomized controlled trial. *Advances in Health Sciences Education*, 17(4), 529-545. doi: 10.1007/s10459-011-9329-9

\*Leung, D. Y. P., Leung, A. Y. M., & Chi, I. (2011). An evaluation of the factor structure of the Instrumental Activities of Daily Living Involvement and Capacity Scales of the Minimum Data Set for home care for elderly Chinese community dwellers in Hong Kong. *Home Health Care Services Quarterly*, 30(3), 147-159. doi: 10.1080/01621424.2011.592421

**Dr. Vivian Lou (Associate Director)**

#Lou, V. W. Q., & Chi, I. (2012). Grandparenting roles and functions. In K. K. Mehta & L. L. Thang (Eds.), *Experiencing grandparenthood: An Asian perspectives* (Vol. 47, pp. 47-59). London: Springer Netherlands.

#Lou, V. W. Q., & Gui, S. X. (2012). Family caregiving and impact on caregiver mental health: A study in Shanghai. In S. Y. Chen & J. L. Powell (Eds.), *Aging in China: Implications to social policy of a changing economic state* (pp. 187-208). New York, NY: Springer.

\*Lou, V. W. Q., Kwan, C. W., Leung, A. Y. M., & Chi, I. (2011). Psychological distress among Chinese adult-child caregivers: The effects of behavioral and cognitive components of care. *Home Health Care Services Quarterly*, 30(3), 133-146. doi: 10.1080/01621424.2011.592424

\*Lou, V. W. Q., Pearson, V., & Wong, Y. C. (2012). Humanitarian welfare values in a changing social environment: A survey of social work undergraduate students in Beijing and Shanghai. *Journal of Social Work*, 12(1), 65-83. doi: 10.1177/1468017310380294

b. Book contracts and published  
Nil

c. Book chapters  
Nil

d. Conference papers

**Dr. Terry Lum (Director)**

Lum T.Y. (August, 2011) Advancing research/evaluation of productive aging program: Building the evidence base, *Productive Aging in China: Toward Evidence-Based Practice and Policy*, Beijing.

Lum T.Y. (October 2011). 尋找香港長者社區照顧服務發展的支點. Presentation at the symposium on 施政報告後的居家安老 — 「照顧服務券」是出路嗎?, Hong Kong

Lum T.Y. (November, 2011). *Small House Nursing Homes for Frail Elders in Asian Countries?*. Paper presented at the 64<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Boston, USA

Lum T.Y., Kane R., Culter L. & Peterson L. (November, 2011). *Small-house Nursing Homes and Dementia Care: Clientele and Outcomes*. Paper presented at the 64<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Boston, USA

Lum T.Y., Yan E., Ng A., Lam D. and Chow M. (November, 2011). *Generational Difference in Attitude Toward Filial Piety and Elder Care in Hong Kong*. Paper presented at the 64<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Boston, USA

Lum T.Y., Parashuram S., Kane R., Homyak P. & Wysocki A. (November, 2011). *The Effects of Chronic Illness on Costs of Care for Older Persons Receiving Long-term Care*. Paper presented at the 64<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Boston, USA

Lum T.Y. (December 2011). *Evidence Based Elder Care - How Research Contributes to Improve the Quality of Care and Quality of Life of Older People in Long-term Care System*. Presentation at Knowledge Exchange Conference: Knowledge Transforming Society in Hong Kong, Hong Kong

Lum T.Y., Lightfoot E, Dube A. & Blevins J. (January 2012). *Cultural Health Asset Mapping to Reduce Health Disparities: A Community Based Participatory Research Project in the East African Refugee Community*. Paper presented at the 16th Annual Conference of the Society for Social Work and Research, Washington D.C., USA

Lum T.Y. (February 2012). *老齡化社會下的長者政策與家庭養老文化及社會政策有何互動關係*. Keynote Speech at 仁愛堂第二屆兩岸四地論壇 - 長者服務的長遠規劃：再思與承擔, Hong Kong

Lum T.Y. (February 2012). *Development of Research in Productive Aging*. Keynote speech at the International Conference: Productive Aging in Taiwan, Taiwan

Lum T.Y. (June 2012). *Psychosocial Care of Dementia Caregivers*. Presentation at Alzheimer's Disease Conference 2012: From Public Health, Basic and Clinical Sciences, Hong Kong

**Dr. Vivian Lou (Associate Director)**

Lou V.W., Chan C.L., Leung D.Y., Fok S.S. & Tsui A.K. (November 2011). *Measuring Transcendence Among Chinese Older Adults – a Spiritual Approach*. Paper presented at the 64<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Boston, USA

Lou V.W., Chan C.L., Leung D.Y., Fok S.S. & Tsui A.K. (November 2011). *Trajectories of social engagement and depressive symptoms in older adults in residential care in Hong Kong*. Paper presented at the 64<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Boston, USA

Lou V.W., Gui S.X., Kwan C.W. & Ting K.F. (November 2011). *Caregivers' Needs and Psychological Well-being in Shanghai, China*. Paper presented at the 64<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Boston, USA

- e. Public reports  
Nil
- f. Other intellectual property (including software, training materials, etc.)  
Nil

**V. Activities (must be active during year, each project should highlight link to strategy)**

- a. Consultancies  
Nil
- b. Training  
One round of “*Care Management and interRAI Training Course*” was organized for the Hong Kong Christian Service (HKCS) during May to June 2012. A total of 20 frontline and managerial staff of HKCS had attended the courses.

c. Research projects

i) List of all contract research projects

Project Title	Name of Project Holder	Project Start Date
<i>Promoting Ageing-in-Place for Elderly Tenants</i>	Dr. Terry Lum	Sept 15, 2011
<i>Yan Oi Tong – Social Capital and Life Satisfaction of Social Service Users</i>	Dr. Vivian Lou	Oct 24, 2011
<i>Spirituality Enhancement Intervention of TWGHs – Consolidation of experience and development of self-help approach</i>	Dr. Vivian Lou	Jan 1, 2012
<i>Family Caregiving and long term care decision of frail elderly people in Hong Kong<sup>^</sup></i>	Dr. Terry Lum	Mar 1, 2012

<sup>^</sup> The funded project is HKU’s “Seed Funding Programme for Basic Research for New Staff” applied by Dr. Terry Lum through Department of Social Work and Social Administration.

ii) List of all collaborative projects

Project Title	Name of Project Holder	Name of Collaborator	Project Start Date
Nil	Nil	Nil	Nil

iii) List of all pro-bono projects

Period	Project Title	Nature (i.e. research or consultancy)
May 2012 to July 2012	<i>Staffing issue in Long-term Care Sector in Hong Kong (for Elderly Service Association of</i>	Research

	Hong Kong)	
Jun 2012 to present	<i>Ageing with Down Syndrome</i> (for the Hong Kong Down Syndrome Association)	Research

d. Conferences organized

1. The “*Symposium on the Future Ageing Society*”, co-organized by the Centre and the Faculty of Social Sciences, was held on December 12, 2011 at the Council Chamber, HKU.
2. A seminar on “*Family Caregiving as Chronic Stress Exposure: Transitions and Treatments*” by Prof. Richard Schulz, co-organized by the Centre and Department of Social Work and Social Administration was held on April 19, 2012 at K.K. Leung Building HKU.
3. A seminar 「院舍照顧與長者生命質素研討會」 co-organized by the Centre and the Hong Kong Health Care Federation, was held on April 27, 2012. Dr. Terry Lum delivered a speech on “如何加強院舍服務以提昇長者生命質素” at the seminar.
4. The “*Henry G. Leong Foundation - Dementia Care Symposium*” co-organized by the Centre and the Department of Social Work and Social Administration was held on June 1, 2012 at Rayson Huang Theatre, HKU.

e. Formal relationships with organizations

Nil

**VI. Teaching (excluding that credited to departments)**

a. Undergraduate courses

Nil

b. Taught Masters courses

Nil

c. Research students (including list of current students and completions)

Nil

**VII. Collaborations**

a. Local

**1. Social Welfare Department**

Dr. Terry Lum was invited to deliver a speech on “從社區照顧到關懷社區” in the “Yuen Long District Planning Forum” on March 2, 2012. The forum was organized by Yuen Long District Social Welfare Office, Social Welfare Department.

**2. Corporate Social Responsibility Asia**

Dr. Terry Lum was invited by the Corporate Social Responsibility (CSR) Asia to deliver a speech in the CRS briefing on “The Business Perspective: Serving Our Elderly” on May 2, 2012.

**3. Hong Kong Parkinson's Disease Foundation**

The Centre was invited by the Hong Kong Parkinson's Disease Foundation to be a supporting organization of the “Tai-chi for Parkinson's 2012” which was held on May 13, 2012.

#### **4. Hong Kong Design Centre**

The Centre was invited by the Hong Kong Design Centre to be a supporting organization of the “Knowledge of Design Week (KODW) 2012” from June 25 to 29, 2012 in support of the initiatives of age-friendly design.

#### **5. Mind-Lock Memory and Cognitive Training Centre, Christian Family Service Centre**

Dr. Terry Lum has been appointed as the advisor of the advisory committee of the Mind-Lock Memory and Cognitive Training Centre (MLC) for the period August 7, 2012 to August 6, 2014.

#### **b. Regional**

##### **1. Central Government Fund for 1000 HKU students and staff visiting China**

The Centre has received a grant from the “Central Government Fund for 1000 HKU students and staff visiting China” to implement a China Gerontological Research Partnership with Peking University, Fudan University and Sun Yat-sen University.

##### **2. Network in Guangzhou**

In the study of long-term care for the elderly in Guangzhou, the Centre has established network with the operators of elderly care centres, hospitals and government departments in Guangzhou, mainland China

#### **c. International**

##### **1. The Gerontological Society of America**

(i) Dr. Terry Lum has served as:

- an executive committee member of the Social Research, Policy and Practice Section; and
- a member of the Information Technology Committee of the Gerontological Society of America.

(ii) Dr. Terry Lum was awarded as the Fellow of the Gerontological Society of America in November 2011.

##### **2. 16<sup>th</sup> Annual Conference of the Society for Social Work and Research**

Dr. Terry Lum participated as one of the organizers in the symposium on “Ageing and Immigration” at the 16<sup>th</sup> Annual Conference of the Society for Social Work and Research in Washington D.C. on January 14, 2012. This symposium included paper presentations that examined factors associated with services need and utilization among older Korean and Hispanic immigrants.

##### **3. Study Visit from SIM University, Singapore**

A visit to the Centre was arranged for a group of graduate students in Gerontology Programme from the SIM University, Singapore on March 20, 2012. A comparable presentation on long-term care & dementia care and an exchange session with the Master of Social Work students of HKU were held.