



香港大學社會工作及社會行政學系  
Department of Social Work  
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The University of Hong Kong



香港大學秀圃老年研究中心  
Sau Po Centre on Ageing  
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# The HKU Non-pharmacological Interventions Initiative for Dementia

## Workshop on Adult Day Services Plus (ADS Plus)

August 14, 2018 (Tuesday) | 9:30am – 5:30pm

Function Room, 11/F, The Jockey Club Tower, Centennial Campus, HKU

The HKU Non-pharmacological Interventions Initiative (HKU Non-pharm) aims at introducing and testing evidence-informed non-pharmacological interventions to promote better living of people with health and mental health problems and their family members.

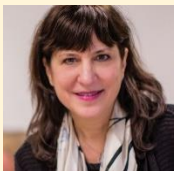
**The Adult Day Services Plus (ADS Plus)** is an evidence-based community support programme for family caregivers of persons with dementia. ADS Plus offers systematic caregiver support to improve strategies for better caregiving and to enhance caregivers' wellbeing. ADS Plus was shown to reduce caregivers' depression, enhance their efficacy for managing behavioral symptoms and reduce nursing home placement.

After this workshop, participants will understand the background and development of ADS Plus, appreciate its design, underlying principles and core components, and learn about related research evidence and recent development. Moreover, the speakers will facilitate discussion on local adaptation and implementation strategies for promoting ADS Plus in Hong Kong.

### Targeted participant:

Health and social care professionals (e.g. social workers, OTs, PTs, nurses, etc.) working with people with dementia and their caregivers in community settings (DECC, NEC, adult day care center, DCSS, etc.).

### Speakers of the Workshop



**Professor Laura N. Gitlin**  
Distinguished University Professor  
Dean, College of Nursing and Health Professions  
Drexel University



**Professor Catherine V. Piersol**  
Professor and Chair  
Department of Occupational Therapy;  
Director, Jefferson Elder Care  
Jefferson (Philadelphia University +  
Thomas Jefferson University)

Limited Seats. Registration Required.



For registration, please visit  
<https://goo.gl/8ErzJE>

Free of charge

For enquiries, please contact Mr Jacky Choy at 3917 0079 or by email at [cpchoy@hku.hk](mailto:cpchoy@hku.hk)