The HKU Non-pharmacological Interventions Initiative for Dementia

Workshop on Adult Day Services Plus (ADS Plus)

August 14, 2018 (Tuesday) | 9:30am – 5:30pm
Function Room, 11/F, The Jockey Club Tower, Centennial Campus, HKU

The HKU Non-pharmacological Interventions Initiative (HKU Non-pharm) aims at introducing and testing evidence-informed non-pharmacological interventions to promote better living of people with health and mental health problems and their family members.

The Adult Day Services Plus (ADS Plus) is an evidence-based community support programme for family caregivers of persons with dementia. ADS Plus offers systematic caregiver support to improve strategies for better caregiving and to enhance caregivers’ wellbeing. ADS Plus was shown to reduce caregivers’ depression, enhance their efficacy for managing behavioral symptoms and reduce nursing home placement.

After this workshop, participants will understand the background and development of ADS Plus, appreciate its design, underlying principles and core components, and learn about related research evidence and recent development. Moreover, the speakers will facilitate discussion on local adaptation and implementation strategies for promoting ADS Plus in Hong Kong.

Targeted participant:
Health and social care professionals (e.g. social workers, OTs, PTs, nurses, etc.) working with people with dementia and their caregivers in community settings (DECC, NEC, adult day care center, DCSS, etc.).

Speakers of the Workshop

Professor Laura N. Gitlin
Distinguished University Professor
Dean, College of Nursing and Health Professions
Drexel University

Professor Catherine V. Piersol
Professor and Chair
Department of Occupational Therapy;
Director, Jefferson Elder Care
Jefferson (Philadelphia University + Thomas Jefferson University)

Limited Seats. Registration Required.

For registration, please visit https://goo.gl/8ErzJE

Free of charge

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